

LYME PATIENT FOLLOW UP FORM

Date: _____ **Name:** _____

Please circle on a scale of 0 through 4.
0 being not present and 4 meaning severe symptoms:

| | None | Minimal | Mild | Moderate | Severe |
|-------------------------------|------|---------|------|----------|--------|
| 1. Chills or mild fever | 0 | 1 | 2 | 3 | 4 |
| 2. Sore Throat | 0 | 1 | 2 | 3 | 4 |
| 3. Lymph node pain | 0 | 1 | 2 | 3 | 4 |
| 4. Muscle weakness | 0 | 1 | 2 | 3 | 4 |
| 5. Muscle pain..... | 0 | 1 | 2 | 3 | 4 |
| 6. Headaches | 0 | 1 | 2 | 3 | 4 |
| 7. Joint pain | 0 | 1 | 2 | 3 | 4 |

Specify which joints: _____

Does joint pain move around? Yes No

8. Neurological symptoms

| | | | | | |
|---------------------------------------------------|---|---|---|---|---|
| Light bothers eyes | 0 | 1 | 2 | 3 | 4 |
| Forgetfulness | 0 | 1 | 2 | 3 | 4 |
| Irritability | 0 | 1 | 2 | 3 | 4 |
| Confusion; difficulty thinking..... | 0 | 1 | 2 | 3 | 4 |
| Depression | 0 | 1 | 2 | 3 | 4 |
| Inability to concentrate | 0 | 1 | 2 | 3 | 4 |
| Brief periods of visual spots or loss of vision.. | 0 | 1 | 2 | 3 | 4 |

9. Sleep disturbance 0 1 2 3 4
Too Much Too Little

10. Fatigue 0 1 2 3 4

Since my last visit I feel: Same Better Worse

Patient Comfort Assessment Guide

Name: _____ Date: _____

1. Where is your pain? _____

2. Circle the words that describe your pain.

| | | |
|-----------|------------|-------------|
| aching | sharp | penetrating |
| throbbing | tender | nagging |
| shooting | burning | numb |
| stabbing | exhausting | miserable |
| gnawing | tiring | unbearable |

Circle One Occasional Continuous

What time of day is your pain the worst? Circle one.

Morning afternoon evening nighttime

3. Rate your pain by circling the number that best describes your pain at its worst in the last month.

No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as you can imagine

4. Rate your pain by circling the number that best describes your pain at its least in the last month.

No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as you can imagine

5. Rate your pain by circling the number that best describes your pain at its average in the last month.

No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as you can imagine

6. Rate your pain by circling the number that best describes your pain right now.

No Pain 0 1 2 3 4 5 6 7 8 9 10 Pain as bad as you can imagine

7. What makes your pain better? _____

8. What makes your pain worse? _____

9. What treatments or medicines are you receiving for your pain? Circle the number to describe the amount of relief the treatment or medicine provide(s) you.

a) _____ No 0 1 2 3 4 5 6 7 8 9 10 Complete Relief
Treatment or Medicine (include dose) Relief Relief

b) _____ No 0 1 2 3 4 5 6 7 8 9 10 Complete Relief
Treatment or Medicine (include dose) Relief Relief

c) _____ No 0 1 2 3 4 5 6 7 8 9 10 Complete Relief
Treatment or Medicine (include dose) Relief Relief

d) _____ No 0 1 2 3 4 5 6 7 8 9 10 Complete Relief
Treatment or Medicine (include dose) Relief Relief

10. What side effects or symptoms are you having? Circle the number that best describes your experience during the past week.

| | | | |
|------------------------|------------|------------------------|------------------|
| a. Nausea | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| b. Vomiting | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| c. Constipation | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| d. Lack of Appetite | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| e. Tired | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| f. Itching | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| g. Nightmares | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| h. Sweating | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| i. Difficulty Thinking | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |
| j. Insomnia | Barely | 0 1 2 3 4 5 6 7 8 9 10 | Severe Enough |
| | Noticeable | | to Stop Medicine |

11. Circle the one number that describes how during the past week pain has interfered with your:

| | | | |
|--------------------------------|--------------------|------------------------|-----------------------|
| a. General Activity | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| b. Mood | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| c. Normal Work | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| d. Sleep | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| e. Enjoyment of Life | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| f. Ability to Concentrate | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |
| g. Relations with Other People | Does Not Interfere | 0 1 2 3 4 5 6 7 8 9 10 | Completely Interferes |

Purdue: committed to managed care

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CONFIDENTIAL
PATIENT AGENDA

Dear Patient:

To help you make best use of your time with Dr. Moayad, please list the questions you would like to discuss during your appointment.

1. _____

2. _____

3. _____

4. _____

5. _____

Signature

Date